

**Suggested Use:** Following a ketogenic diet, or healthy low carb lifestyle nutrition meal plan, take one KetoMed shake as a meal replacement (1 pre measured scoop) up to 1 to 2 times daily in conjunction with 2 to 3 balanced Ketogenic, or healthy, low carb lifestyle whole food meals throughout the day. To prepare, mix one pre measured scoop of KetoMed nutraceutical drink powder in 6-8 ounces of cold filtered water and shake instantly for 10 to 20 seconds (for best results, simply shake instantly in a shaker or water bottle in 6-8 ounces of cold filtered water). **Be sure to always pour the water in first and add KetoMed drink powder second.** A blender with water and ice is optional but not needed. Use more or less water to achieve desired level of sweetness or flavor intensity. This formula is designed to mix instantly with water. This product is designed and intended to be used as a ketogenic meal-replacement in conjunction with a healthy whole food meal program.

KetoMed is not an ordinary meal-replacement. It is a high quality comprehensive ketogenic/antifungal nutraceutical drink rich in purified MCT oil, which may cause temporary side effects such as a queasy upset stomach, mild nausea and light headedness. Do not be alarmed. This is common due to the very quick absorption of the purified MCT oil matrix. For this reason, we suggest starting with smaller servings and gradually increasing the dosage until you can enjoy a full serving. For example, after making a shake pour a 1/3 to 1/2 into a separate glass (close cap and put rest in refrigerator), drink and wait 15 minutes. If you feel queasy, all that means is that you need to gradually use less over the course of 5 to 7 days until you become MCT adapted, at which point you can use a full serving as a meal-replacement.

While following a high fat, low carbohydrate clinical ketogenic diet , classic keto, paleo, antifungal, Mediterranean, or any healthy low carb/low grain nutrition lifestyle, KetoMed is the first therapeutic ketogenic/antifungal nutraceutical drink in the world, scientifically formulated to induce a quick, long lasting state of healthy nutritional ketosis, whereby your system creates a state in which your body switches fuel sources and produces clean burning ketones and utilizes fat as its primary fuel source rather than glucose (sugar). This uniquely designed high fat, extremely low carb complete ketogenic formula delivers ~ 85% (20g) of its calories from the highest quality purified MCT (medium chain triglycerides) matrix using predominantly C8 (caprylic acid) 10X more ketogenic than coconut oil and 3X more ketogenic than other MCT oils. ~ 13%(8g) of the most bioavailable KetoMed collagen protein peptides, utilizing optimized enhanced plasma technology for superior bioavailability and enhanced absorption. Thereby making it the perfect protein peptide in the precise ratio to complement a glucose-controlled diet and support optimal benefits for healthy blood sugar levels, and healthy hair, skin, nails, and joints. ~ less than 2% total carbs with zero net carbs and zero sugar. Plus 30 superfood antioxidant phytonutrients that are typically lacking within a ketogenic diet, from 30 of the most well researched fruits, vegetables, herbs and spices delivering 34X the antioxidant ORAC value than glutathione.

Contains no: dairy, yeast, peanuts, corn, wheat, soy, gluten, sugar, common allergens, colors, preservatives, carrageenan, artificial ingredients, or synthetic vitamins

Notice: Consult your doctor, or healthcare professional before starting this or any diet/nutritional program. Tamper resistant. Do not use if safety seal over cap is broken.

Contents sold by weight, not volume. Some settling may occur during shipping & handling. (Pre-measured translucent colored scoop inside bottle may move to the bottom) Made in certified cGMP & FDA registered facility.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KETOMED®

KETOGENIC METABOLIC NUTRITION  
COMPLETE KETOGENIC  
NUTRACEUTICAL DRINK

VANILLA CREAM

- **ADVANCED KETOGENIC/ANTIFUNGAL NUTRACEUTICAL DRINK FORMULA**
- **HIGH QUALITY PURIFIED C8-MCT MATRIX (20G)**
- **NON GMO KETOMED COLLAGEN PROTEIN PEPTIDES WITH SUPERIOR BIOAVAILABILITY AND ENHANCED ABSORPTION (8G)**
- **DESIGNED TO HELP INDUCE A STATE OF HEALTHY NUTRITIONAL KETOSIS**
- **INTERMITTENT FAST FORMULA**
- **30 SUPERFOOD ANTIOXIDANT PHYTONUTRIENT GREENS**
- **SUPPORTS OPTIMAL MITOCHONDRIAL FUNCTION AND HEALTHY AGING**
- **ZERO SUGAR AND NET CARBS**

NET WT: 2.05LBS (930G)

Supplement Facts

Servings Size 1 scoop (31g)  
Servings Per Container 30

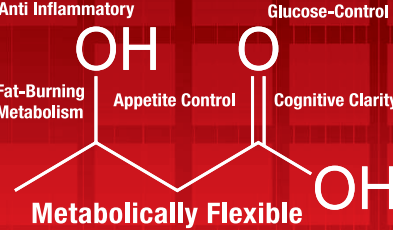
Amount per scoop	% DV	
<b>Calories</b>	220	
Calories from Saturated Fat	180	
<b>Total Fat</b>	21g	26%*
Saturated Fat	20g	100%
Trans Fat	0g	†
<b>Cholesterol</b>	0mg	<1%
<b>Total Carbohydrate</b>	2g	<1%*
Total Sugars	0g	†
<b>Protein</b>	7g	
Calcium	5mg	1%
Iron	2mg	13%
<b>Sodium</b>	10mg	<1%
Potassium	4mg	<1%
<b>KetoMed® Collagen C8 MCT Peptide Matrix</b>	28.1g	†

goMCT® (Medium Chain Triglycerides), ioCollagen™ (Hydrolyzed Bovine Collagen Peptides), MitoGreens® (Quercetin, Clove Extract, Green Tea Extract, Onion Extract, Acerola Extract, Mint Leaf Extract, Rosemary Extract, Grape Seed Extract, Curry Extract, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Bilberry Extract, Brussels Sprout Concentrate, Broccoli Sprout Extract, Apple Extract, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Garlic Concentrate, Oregano Concentrate, Carrot Concentrate, Sweet Cherry Concentrate, Raspberry Concentrate, White Pepper Extract, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Ergothioneine)

\*Percent Daily Values (DV) are based on a 2000 calorie diet

Other Ingredients: goFAT® Extra Virgin Olive Oil, Acacia Extract, Natural Flavors, Stevia.

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MitoGreens® is a registered trademark of NNB Nutrition.  
Ingredient Optimized® and ioCollagen™ are trademarks of Plasma Nutrition Inc.



Can be used as part of multiple nutrition modalities including:  
Therapeutic/clinical ketogenic diet, modified keto, cyclical keto, keto friendly, paleo, Mediterranean diet, antifungal diet, intermittent fasting, or as part of any healthy low carb, low grain, lifestyle nutrition regimen.



To reorder KetoMed call  
833-KETOMED (833-538-6633)  
or visit KetoMed.com



Manufactured exclusively for and distributed by KetoMed Nutraceuticals Dallas, TX 75207